First Time Logging In

Welcome to the CIS Learning Center! If this is your first time logging in, follow these steps to access your account.

Note: if you haven't logged in before, the Forgot Password? feature on the login page won't work. Email us at learn@cisoregon.org for assistance.

Instructions

1. Go to learn.cisoregon.org.

2. Enter your username. For most users, this is your work email address.

3. Enter your temporary password. For most people, this is the word **welcome** or the word Learn and the current year (ex. Learn2024).

   Reminder: Passwords are case sensitive.

   If neither of those passwords work, contact us at learn@cisoregon.org for assistance with accessing your account.

   If you do not have an existing account, you can request one. Click here for instructions.

4. Enter a new password. Passwords must be at least eight characters in length and have:

   - At least two alphabetic characters.
   - One upper-case character and one lower-case character.
   - A minimum of one numeric character.

   Passwords may contain special characters, including: ! @ # $ % ^ & * , ? / ; : \ | .

5. Confirm the password.

6. Click Save.

Now that you are logged in, check out the Getting Started and Help Desk pages to explore the highlighted features and view the tips and tutorials.

Questions? Try the Help Desk, call us at 503-763-3804, or email us at learn@cisoregon.org.