



October Featured Learning

In the time it takes you to read this introduction, 45,000+ phishing e-mails were sent to inboxes around the world. October marks the 18th annual National Cybersecurity Awareness Month, and we are featuring two resources to help you avoid getting hooked.

Oct. 13 is National Train Your Brain Day! We have included a course on multitasking this month to help you exercise your brain.

- Infographic: Detecting Suspicious & Malicious Emails
- Understanding Cyber Security
- The Myth of Multitasking

Log in at learn.cisoregon.org to access these courses.